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Chinese martial arts Wikipedia

The Shaolin style of kung fu is regarded as one of the first institutionalized Chinese martial arts The oldest evidence of Shaolin participation in combat is a stele from 728 CE that attests to two occasions a defense of the Shaolin Monastery from bandits around 610 CE and their subsequent role in the defeat of Wang Shichong at the Battle of Hulao in 621 CE

David Bordwell Net Books

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Meihuaquan Wikipedia

Meihua Quan Chinese 梅花拳 literally Plum blossom Fist is a common term used to name styles or exercise sets of kung fu 1 a style of kung fu that originated in the northern provinces of China centuries ago Meihuaquan is also known as Meihuazhuang 梅花桩 2 other kung fu styles with the name like Meishanquan from southern China

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Eight Section Brocade Chi Kung A Hypertext Notebook by Michael P Garofalo M S Green Way Research Vancouver Clark County Washington Chi Kung Dao yin Yang Sheng Gong Qigong are Various Ancient Chinese Exercise and Fitness Practices The Eight Pieces of Beautiful Silk Brocade Chi Kung Ba Duan Jin Qigong is a popular Chi Kung Form The Eight Treasures Dao yin Ways for Pulling

Libro Wikipedia

Etimologia del termine La parola italiana libro deriva dal latino liber Il vocabolo originariamente significava anche corteccia ma visto che era un materiale usato per scrivere testi in libro scribuntur litterae Plauto in seguito per estensione la parola ha assunto il significato di opera letteraria Un'evoluzione identica ha subìto la parola greca βιβλίον si veda

Hong Kong Wikipedia

Nel 1839 il rifiuto da parte delle autorità della dinastia Qing all'importazione di oppio scatenò tra Cina e Gran Bretagna la prima guerra dell'oppio L'isola di Hong Kong fu occupata dalle forze britanniche il 20 gennaio 1841 e formalmente ceduta ai sensi della Convenzione di Chuenpee come parte di un accordo di cessate il fuoco tra il capitano Charles Elliot e il governatore Qishan

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